

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/10/2017																
LUNCH K-12	Total	10														
TACO SALAD, BEEF	SERVINGS	5	148	40	328	1.23	*1.81	77.7	586	5.0	*1	16.84	4.65	7.71	2.73	*0.00
TACO SALAD, CHICKEN	SERVINGS	5	89	31	316	0.91	*0.78	74.8	466	4.3	*1	12.79	3.16	2.84	1.11	*0.00
REFRIED BEANS	1/3 CUP	10	111	4	381	2.79	1.61	113.0	208	0.7	*N/A*	6.87	12.19	4.12	1.31	*N/A*
Guacamole, Southwestern, .125oz	.125 oz	10	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
SOUR CREAM	1 TBSP	10	58	15	59	0.00	0.16	38.5	231	0.24	*0	1.83	2.05	4.98	3.02	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			419	57	911	5.88	*3.34	390.9	1335	23.65	*6	28.49	41.70	16.63	6.53	*0.00
% of Calories											*5.5%	27.2%	39.8%	35.7%	14.0%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 04/11/2017																
LUNCH K-12	Total	10														
PIZZA, 4-CHEESE, SLICE	SLICE	5	350	25	830	2.00	*N/A*	*N/A*	*N/A*	0.0	*N/A*	17.0	44.0	12.0	6.00	0.00
VEGGIES: RAW 1/3 CUP	1/3 CUP	5	52	0	55	3.01	0.24	32.1	13586	22.38	*1	2.07	10.8	0.07	0.01	0.00
Dressing, Ranch	2 TBSP	10	148	8	287	0.00	0.00	10.0	0	0.0	*N/A*	0.0	1.0	16.0	2.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			458	23	822	4.04	*0.40	*189.1	*7163	28.12	*5	14.03	50.55	22.17	5.04	*0.00
% of Calories											*4.2%	12.3%	44.2%	43.6%	9.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/12/2017																
LUNCH K-12	Total	10														
CHICKEN RICE BOWL	1 CUP	5	366	21	647	3.85	2.89	50.8	477	21.47	*2	15.12	58.31	8.29	0.85	*0.00
LEMON BKD CHICKEN-LoSodium	3 OZ	5	11	0	0	0.01	0.01	0.6	0	0.62	*0	0.02	0.2	1.11	0.17	*0.00
RICE PILAF	.50 CUP	10	155	0	196	1.77	0.61	8.0	1399	1.15	*1	3.23	29.65	2.55	0.53	0.30
ASPARAGUS SPEARS, ROASTED	4 spears	10	83	0	16	1.68	1.74	29.0	573	4.4	*1	2.32	4.11	6.91	1.00	*0.00
BREADSTICKS, CHEESY GARL	1 STICK	10	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
IC-1 S																
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			614	18	808	7.42	4.81	275.8	2631	33.53	*8	20.12	95.16	17.29	3.08	*0.30
% of Calories											*5.1%	13.1%	62.0%	25.3%	4.5%	*0.4%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/13/2017																
LUNCH K-12	Total	10														
TAMALE, PORK	TAMALE	5	360	50	910	3.00	1.80	80.0	1750	6.0	*N/A*	12.0	27.0	23.0	8.00	0.00
Chimichanga, BeefChiliCheese,	1 EACH	5	461	55	747	2.52	3.06	310.1	1695	8.35	*1	19.34	42.26	23.58	10.51	0.00
PINTO BEANS, .5-cup	.5 CUP	10	134	0	15	5.98	1.99	50.3	0	2.43	*1	8.27	24.14	0.47	0.09	*0.00
CUCUMBER TOMATO SALAD 1	1/3 Cup	10	81	9	84	0.57	0.28	96.1	304	4.85	*1	2.85	1.8	6.66	2.49	*0.00
/3 CUP																
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			734	64	1020	10.85	4.99	504.6	2396	31.39	*7	31.29	82.72	30.56	11.87	*0.00
% of Calories											*3.7%	17.1%	45.1%	37.5%	14.6%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/14/2017																
LUNCH K-12	Total	10														
CHICKEN CHUNKS, WG, 5 PIECE	SERVING -5 piece	10	180	20	450	2.00	1.80	40.0	0	0.0	*N/A*	13.0	14.0	8.0	1.50	0.00
FRENCH FRIES: oven 1/2 C	1/2 CUP	10	50	0	67	0.80	0.31	2.0	0	2.53	*N/A*	0.79	7.8	1.89	0.32	*N/A*
MEXICALI CORN, 1/3 Cup	1/3 Cup	10	51	0	142	1.48	0.24	3.6	121	6.6	*3	1.6	9.96	1.38	0.28	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			529	23	990	8.80	4.07	228.6	491	26.06	*8 *5.8%	24.86 18.8%	80.76 61.1%	13.39 22.8%	2.13 3.6%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 04/18/2017																
LUNCH K-12	Total	10														
CHICKEN STRIPS, BRD-2 PIECES	2 PIECE	5	260	40	1210	0.00	2.88	60.0	100	2.4	*N/A*	15.25	28.0	8.0	1.00	*N/A*
STEAKFINGERS	4 Pieces	5	359	56	801	0.64	2.23	10.2	65	0.03	*N/A*	17.31	16.27	26.28	9.80	*N/A*
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY, .125 CUP	.125 CUP	5	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
GRAVY, BROWN,CONESTOGA .125cup	.125 CUP	5	8	0	169	0.00	0.00	0.6	0	0.0	*0	0.0	1.63	0.0	0.00	*0.00
CAL VEGETABLE BLEND, 1/3 Cup	1/3 CUP	10	53	*N/A*	44	3.52	0.63	35.2	5276	52.76	*N/A*	3.52	8.79	*N/A*	*N/A*	*N/A*
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			653	*51	1646	8.72	5.13	261.8	5766	72.19	*4 *2.7%	29.98 18.4%	88.22 54.0%	*20.09 *27.7%	*5.67 *7.8%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/19/2017																
LUNCH K-12	Total	10														
HAM WRAP ON WHEAT TORTI LLA	1/2 WRAP	5	281	37	1522	3.52	2.11	221.6	1536	3.55	*1	18.84	28.76	6.83	4.26	0.00
FISH NUGGETS	4 Pcs.	5	260	40	910	1.00	1.80	20.0	*N/A*	2.4	*N/A*	16.0	21.0	13.0	2.00	*N/A*
TATER TOTS, ROUNDS: 1/2 CUP/8ea	1/2 CUP	10	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
GREEN BEANS: Seasoned 1/3 CUP	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			512	41	1564	6.21	2.95	292.9	*1235	23.19	*5	23.89	64.04	16.14	4.69	*0.00
% of Calories											*3.8%	18.7%	50.0%	28.4%	8.2%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Thu - 04/20/2017																
LUNCH K-12	Total	1														
BEEF FAJITAS w/ONION/PEPPER	4 OZ	1	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.44	*0.06
CHICKEN FAJITAS w/.5 Veg, 2 M	serving	1	51	1	15	2.73	0.46	24.0	1344	*85.18	*6	1.75	11.1	0.32	0.08	0.00
PINTO BEANS, .5-cup	.5 CUP	1	134	0	15	5.98	1.99	50.3	0	2.43	*1	8.27	24.14	0.47	0.09	*0.00
VEGGIES: RAW 1/3 CUP	1/3 CUP	1	52	0	55	3.01	0.24	32.1	13586	22.38	*1	2.07	10.8	0.07	0.01	0.00
FRUIT, CHOICE	1/2 CUP	1	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	1	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	1	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			604	*89	351	*13.75	*5.46	*461.9	15784	*142.07	*13	*50.69	*80.23	7.91	2.65	*0.06
% of Calories											*8.3%	*33.6%	*53.2%	11.8%	4.0%	*0.1%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Fri - 04/21/2017																
LUNCH K-12	Total	10														
CHICKEN, BAKED	SERVINGS	5	17	4	2	0.00	0.01	0.2	7	0.0	0	0.36	0.03	1.67	0.46	0.01
BBQ CHICKEN	4 OZ	5	440	*140	426	*0.13	*2.41	*33.4	*536	*1.47	*14	39.57	15.79	21.87	*6.17	*0.00
CARROTS, SPICY MAPLE RST	1/3 CUP	10	60	0	246	2.14	0.25	28.8	12740	4.52	*2	0.71	9.53	2.44	0.34	*0.00
1/3 C																
COLESLAW - BASIC, 1/3 CUP	1 CUP	10	50	3	74	1.29	0.22	19.7	1431	15.99	*2	0.62	4.46	3.69	0.62	0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			587	*78	865	*8.02	*3.40	*248.3	*14813	*38.17	*15	30.77	70.91	20.03	*4.31	*0.00
% of Calories											*10.2%	21.0%	48.3%	30.7%	*6.6%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 04/24/2017																
LUNCH K-12	Total	10														
PIZZA, 4-CHEESE, SLICE	SLICE	5	350	25	830	2.00	*N/A*	*N/A*	*N/A*	0.0	*N/A*	17.0	44.0	12.0	6.00	0.00
PIZZA, Pork & Gr. Chili (4ch)	SLICE	5	417	33	1178	2.50	*0.18	*12.0	*1625	*71.99	*0	20.5	52.48	13.5	6.50	0.00
GREEN BEANS: Seasoned 1/3 CUP	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			503	31	1101	4.68	*0.54	*178.1	*1272	*53.46	*4	23.69	72.17	12.88	6.29	0.00
% of Calories											*3.5%	18.8%	57.3%	23.0%	11.2%	0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/25/2017																
LUNCH K-12	Total	10														
MEAT BALL SUB, RTH, w/SWISS	1 SAND WICH	5	506	*74	1720	2.11	3.80	287.4	675	21.19	*N/A*	20.43	37.05	30.76	11.90	*0.00
DELI SUB	1 SAND WICH	5	301	19	997	*1.02	2.07	112.1	233	0.31	*2	17.45	42.24	7.03	2.98	*0.00
WAFFLE FRIES	3 OZ.	10	140	0	80	3.00	0.72	0.0	0	3.6	0	2.0	22.0	5.0	1.00	0.00
MACARONI SALAD, .25 CUP	.25 CUP	10	70	2	283	0.53	0.46	9.2	202	0.23	*1	1.74	10.31	2.56	0.26	*0.01
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			723	*51	1814	*6.63	4.40	372.1	1026	31.51	*6 *3.6%	27.18 15.0%	94.10 52.1%	26.58 33.1%	8.73 10.9%	*0.01 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Wed - 04/26/2017																
LUNCH K-12	Total	10														
SALMON, GRILLED	PORTION	5	120	65	280	0.00	0.72	20.0	100	0.0	0	21.0	1.0	3.5	0.50	0.00
MACARONI & CHEDDAR BUDS	2/3 CUP	5	83	6	753	0.43	0.31	58.1	0	0.0	0	1.38	16.31	0.22	0.04	0.00
PEAS, SEASONED 1/3 CUP	1/3 CUP	10	116	0	109	8.23	2.37	35.6	3143	14.79	*N/A*	7.71	21.35	0.42	0.07	0.00
RICE PILAF	.50 CUP	10	155	0	196	1.77	0.61	8.0	1399	1.15	*1	3.23	29.65	2.55	0.53	0.30
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			620	38	1152	14.74	5.21	265.6	4963	32.87	*5 *3.5%	31.60 20.4%	108.65 70.1%	6.95 10.1%	0.91 1.3%	0.30 0.4%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/27/2017																
LUNCH K-12	Total	10														
LASAGNA WITH 90-10 GROUND BEEF	SERVINGS	5	542	134	516	2.69	5.40	298.6	1073	15.4	*1	51.94	27.6	26.09	10.66	*0.00
SPAGHETTI & Meat Sauce	1 CUP	5	317	12	221	2.56	2.98	43.7	253	5.46	*2	21.96	37.37	8.48	0.83	*0.00
BROCCOLI: Seasoned	1/3 CUP	10	17	0	7	1.84	0.37	20.2	619	24.57	1	1.9	3.28	0.07	0.01	0.00
GARLIC BREAD	SERVINGS	10	156	7	236	2.61	1.49	269.7	31	0.47	*1	5.33	13.05	9.27	2.32	*0.01
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			711	83	704	8.61	6.33	624.2	1683	52.40	*9	48.68	70.96	26.76	8.12	*0.01
% of Calories											*4.8%	27.4%	39.9%	33.9%	10.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 04/28/2017																
LUNCH K-12	Total	10														
TACO, BEEF, 80-20	2 EACH	5	522	130	359	2.73	3.83	158.0	632	4.2	*2	38.06	20.83	31.03	12.61	*0.18
CHICKEN TACO	2 EACH	5	264	47	252	2.99	1.77	195.0	623	8.2	*N/A*	19.09	20.35	12.21	3.51	*N/A*
LETTUCE & TOMATO, SHRED/D ICE, .25	.25 CUP	10	6	0	2	0.52	0.17	6.1	1211	3.55	1	0.34	1.26	0.08	0.01	0.00
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
Guacamole, Southwestern, .25 cup	.25 cup	10	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			620	91	466	9.37	4.59	379.3	2208	29.44	*7	39.40	61.51	24.28	8.40	*0.09
% of Calories											*4.4%	25.4%	39.7%	35.2%	12.2%	*0.1%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Weighted Average			592	*53	1015	*8.41	*3.97	*333.8	*4483	*44.15	*7	*30.33	*75.83	*18.69	*5.60	*0.06
											*11.0%	*20.5%	*51.2%	*28.4%	*8.5%	*0.1%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	592		739	80%		147				Correction Required - Calories are Low							
Cholesterol (mg)	53				Missing				1015								
Sodium (mg)	1015																
Fiber (g)	8.41				Missing												
Iron (mg)	3.97		3.95	101%	Missing												
Calcium (mg)	333.8		338.62	99%	Missing	4.82				Correction Required - Calcium is Low							
Vitamin A (IU)	4483		1295	346%	Missing												
Sugars (g)	7	4.89%			Missing												
Vitamin C (mg)	44.15		16.68	265%	Missing												
Protein (g)	30.33	20.50%	12.74	238%	Missing												
Carbohydrate (g)	75.83	51.24%			Missing												
Total Fat (g)	18.69	28.42%	<=30.00%		Missing												
Saturated Fat (g)	5.60	8.52%	<10.00%		Missing												
Trans Fat ¹ (g)	0.06	0.08%			Missing												

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